

# The Spokesman

## Voice of the Magic City Cyclists



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### Letter from the Pres

I'm very impressed with the enthusiasm expressed for recreational riding at our first Club meeting. What a great way to start the New Year. Now it's time to get serious and take it to the road.

Our "Tour de Iron Butt" Challenge was introduced and we had 15 members sign up at the meeting. The rules for this Challenge are now posted on our web page ( <http://www.bhambikeclub.org/tourdeironbutt/index.html> ) [ed They are also printed in this newsletter beginning on page 8]. Please take a peak and if it's something you're interested in you may sign up anytime before the fifth stage. You can email me or our Tour Director, Stacy Traffanstedt. Our plan is to have the stages posted and ride captains assigned early March. Remember, this is a challenge and not a race. All levels of riders may participate. The only requirements are that you are a club member, have trained sufficiently to complete a century in 10 hours, and you are medically able to compete in endurance sports. A finisher is a rider that has completed a minimum of nine stages. The more stages you complete, the more likely that you will finish our "Yellow Jersey Champion" for our inaugural year! I've accepted the Challenge and I hope you do too!

Our February meeting will focus on ride leadership. Come learn how easy it is to become a ride leader and how you can make a difference in the amount and levels of rides being posted on our interactive calendar.

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We'll discuss incentives for ride leaders as well as club riding programs and how they'll be tracked. We'll also discuss an online process for our road map library. Thank you to all our ride leaders for January. They are Susan Goertz, Doug Daughetee, Eddie Owens, Chris Argo, Barbara Cowan, Ed Carmack, Lora McIntosh, Mitchell McIntosh, and Mike Cowan. Ride leaders are the heart and soul of the Club and you're greatly appreciated! Mark your calendars for Monday, February, 15th, Homewood Library, Room 116, 6:00 p.m.

We are in the design phase of new Club riding kits. Once the design is complete, we'll send out order information to club members. We will accept sponsorship for the Club jersey to help defray the cost of incentive awards for our riding programs and tour challenge. If you own a business or know of someone who would be interested, please refer them to myself. Our goal is to have the jerseys in time for our Prologue time trial event

The year is just beginning. Let's make it a good one!

Stay Safe and See You on the Road, Barb Cowan, President, BBC



## **Birmingham Bike Club Membership Meeting Minutes– January 25, 2010**

40 people attended the first 2010 general membership meeting at the Homewood library on January 25th. Refreshments were provided and raffle tickets were given out for door prizes. Club meetings are normally held the third Monday of the month. The next meeting will be held at the Homewood Library on Monday, February 15th.

Brandon Falls, who is running for re-election as District Attorney for Jefferson County, spoke about a Florida statute that requires a minimum three foot clearance when a motorist passes a cyclist or walker. He thinks the Florida statute could be adapted as an Alabama bill. He said he is knowledgeable about cycling issues and requests our vote to keep him in office.

The slate of club officers were introduced and voted unanimously in to office by the members present. To conserve space, please refer to the list of officers at the end of the newsletter. Club membership is currently 136 members, and the club would like to more than double its membership to about 300 members.

In order to grow the membership, the club hopes to provide more ride leaders and offer more riding opportunities on the club calendar. Training for new rider leaders will be provided and incentives for ride leaders will be used to recruit more ride leaders. The February 15th club meeting is devoted to recruiting ride leaders as well as discussing training plans and incentives. Everyone is invited to attend this meeting and encouraged to consider becoming a ride leader.

Barbara Cowan provided details on the club's new riding program, the Tour de Iron Butt (TIB) Challenge. The purpose of the TIB is to promote endurance riding in groups. The TIB is a challenge, not a race. It is designed to encourage groups of all abilities to work together to attain a common goal - finishing the stage. In most cases, the larger the group you finish with, the better your time will be.

The TIB will consist of 21 stages over nine months which will run from March through November, 2010. Nineteen of the stages will be centuries, and the other two will include time trials. The tour will begin with a

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time trial prologue. In order to win a stage, riders must complete the course within the amply allotted time limit. Actual ride time on the course will not matter as each stage winner will be randomly drawn. All other riders' times will be based on the stage winner's time.

In addition to ride time completion bonus, there are other bonus categories. Bonus categories include: group size, age, weight, yellow jersey winner, white jersey winner, type of bike frame, type of bike gear, and stage difficulty ranking.

Any cyclist may take part in any of the stages, but they must be a Birmingham Bicycle Club (BBC) member in order to be a stage winner or to be counted in any finishing group unless they are members of another local club that is also participating in a stage. For details regarding the TIB Challenge, please refer to the TIB document on the WEB at: <http://www.bhambikeclub.org/tourdeironbutt/index.html>

Stacy Traffanstedt has been named as the TIB tour director. The stages committee volunteers are: Barbara Cowan, Ed Carmack, Barbara Gower, Lorraine LaGrange, Joe Manus, Vicky Reburn, and Stacy Traffanstedt. This committee will select centuries to be included in the TIB.

Mike Cowan discussed the mapping project that he and Jerry Moore are working on to get more ride routes posted on the BBC site. All riders are encouraged to submit their favorite routes to be included on the club web site.

Dave Wilkin spoke about the upcoming Tour de Cure on May 22nd. Howard Walthall reminded everyone that the Old Howard is April 17th.

Susan Goertz announced that the Alabama Department of Transportation is holding four open houses for review and comment on their latest effort at creation of a Statewide Bicycle and Pedestrian Transportation Plan. The Birmingham open house will be from 5 to 7 p.m. Feb. 18 at ALDOT's Third Division office, 1020 Bankhead Highway (take US 78 West about 1 mile from the I-20/59 Arkadelphia Road exit). For details see: <http://www.dot.state.al.us/docs>.

Ride leaders for the month were recognized and thanked. One new member, Mary Ann Arico, was recognized as being in attendance. The meeting closed with tee shirts being given out to the winning ticket holders as door prizes.

Vicky Reburn

Club Secretary



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## Recumbents and the Draft

Zol,

Just want to take a minute to thank you for your entertaining and truthful musings for the BBC newsletter. I appreciate your effort and success at it. I do have a concern about your low rider: when you are in your century pace lines, please remember that poor guy/gal behind you will get no relief, I've been there, it just doesn't work. An upright biker can't get low enough to draft. I am wondering if Earl has a solution for this other than not to get behind a low rider. File this under "paceline decensions."

Steve Hartsfield

### Response from Earl:

Yes, there is a solution, declare a bounty on them.

I am not so much concerned about the lack of draft they provide since drafting on a tandem is rarely worth the bother. However they offend me by repeatedly outrunning me.

This is what is going on in the little brains of the 'bent boys. They are attention seeking to the extreme. Even more so than tandem teams. They are fully aware that they screw up a pace line and make the poor SOB on their wheel suffer. They are not stupid, just psychotic. Before they were recumbent riders they were complaining about them. They need to be noticed, even if it is for being a pain in the rear. This is also their way of getting back at the world for whatever it is that needs to be gotten back at.

Earl



## PUBLIC NOTICE

### PUBLIC INVOLVEMENT MEETING

#### STATEWIDE BICYCLE AND PEDESTRIAN PLAN

The Alabama Department of Transportation (ALDOT) invites the public to review and comment on the Statewide Bicycle and Pedestrian Plan, a part of Alabama's Statewide Transportation Plan. The Bicycle and Pedestrian Plan is a comprehensive plan that will address various aspects of developing facilities and programs for bicycles and pedestrians.

Four public meetings are being held throughout the State to allow for public review and comment on the proposed plan. Each meeting will be held in an open house format with displays and information; the meetings will run from 5:00-7:00 p.m. ALDOT representatives will be present to discuss this planning effort and to answer questions.

The meeting schedule is as follows:

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**Montgomery**

Date: February 16, 2010  
 Time: 5:00 PM - 7:00 PM  
 Place: Alabama Department of Transportation  
 Sixth Division Office  
 1525 Coliseum Boulevard  
 City: Montgomery, AL

**Mobile**

Date: February 23, 2010  
 Time: 5:00 PM - 7:00 PM  
 Place: Alabama Department of Transportation  
 Ninth Division Office  
 1701 North Beltline Highway  
 City: Mobile, AL

**Birmingham**

Date: February 18, 2010  
 Time: 5:00 PM - 7:00 PM  
 Place: Alabama Department of Transportation  
 Third Division Office  
 1020 Bankhead Highway  
 City: Birmingham, AL

**Huntsville**

Date: February 25, 2010  
 Time: 5:00 PM - 7:00 PM  
 Place: City of Huntsville  
 Engineering Building, First Floor  
 320 Fountain Circle  
 City: Huntsville, AL

The draft Statewide Bicycle and Pedestrian Plan will be available for review on the Alabama Department of Transportation website, <http://www.dot.state.al.us>, as well as at each of the Nine ALDOT Division offices. Comments will be accepted until March 31, 2010 and should be sent to: Mr. Robert J. Jilla, Transportation Planning and Modal Programs Engineer, Alabama Department of Transportation, P. O. Box 3050, Montgomery, Alabama 36130-3050.

Persons with disabilities who may need special assistance should contact Mary Lou Crenshaw (334) 353-6439 at least one week prior to the meeting they plan to attend and specify the type of assistance needed

Please make this the time you attend a DOT hearing. It is not a big deal. You may arrive any time between 5 and 7 pm. There are experts available to answer your questions and to accept your comments.

Why would you want to attend, or to take the time to download, read and comment on this document. Because this is the document that will direct spending on bicycle and pedestrian facilities for the next years. If you have ever wondered how bicycle facilities/accomodation come into existance, what the steps are and why we don't have much. This document and our response, or lack there of is the answer.

The simple answer - we are the people. If the government knows we care then progress can be made.

**Spokesman Photo Challenge**

This month's photo challenge is to find a photo of an amazing, ironic or just interesting road sign. Take your camera, or use your cell phone. Submit your photos to Betti Byke ( [sgoertz@mindspring.com](mailto:sgoertz@mindspring.com) ) by February 28, 2010.

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Those of us that ride Karl Daly have been delighted to see that the manatee is back! And he has a new friend. He showed up with a wonderful yellow jersey - and a helmet! What a safe rider he is. We look forward to seeing his attire as the seasons progress.



## AREA EVENTS

**Old Howard 100** - Saturday April 17, 2010. Registration will be open in late February. Information and the registration form are available at <http://www4.samford.edu/oldhoward/>

Just wanted everyone to know registration for **Alabama's Magnificent Bicycling Adventure** is open. AMBA is May 15-21, 2010. See the website at <http://www.amba1.com> for information and a link to registration. We had a pretty great first AMBA in 2009 and 2010 will be even better. We are learning from last year. For instance, we will try a different approach to the short loops. Those who do not want to ride the long distances have an option to still see the interesting things at the apex of the days loop. Also, the order of days will break up consecutive long days.

Please pass this to bicyclist you know and to friends and family who may be interested in joining us. This will be the last stay in Auburn for a while. If you want to experience one of the Nation's Bike Friendly cities, this would be the year to do it. In 2011 we will travel to a different part of the state, maybe the coast?

Join AMBA in 2010.

Peter Wolf

Director - Alabama's Magnificent Bicycling Adventure

writerider@charter.net

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## Southern Pride Ag Ride

March 20, 2010

Screven, GA (Wayne County)

Ride features agricultural areas of Wayne and Appling Counties. Four routes to choose from – 23, 48, 62 and 106; 9 mile family route by request only for families with children 10 and under.

Registration fee - \$35 through March 15; \$40 after

Register on Active.com, Pre-ride breakfast and post-ride spaghetti meal after ride: Friday warm-up ride in Jesup. Ride website – <http://www.sparide.com> Sponsored by the Wayne County Board of Tourism, the City of Screven and the Wayne County Young Farmers

## Butler Co. Relay For Life

Date: 3/20/2010: Time: 7 AM

Location: Butler County Fair Grounds

Description: The ride begins and ends at the Butler County Fair Grounds. From 65 N Exit #128 (Pineapple/Greenville) Turn right on Pineapple Hwy/AL-10 Turn right onto American Legion Rd. From 65 S Exit # 128 (Pineapple/Greenville) Turn Left on Pineapple Hwy/AL-10 Turn right onto American Legion Rd.

The Routes: 63, 33 & 15 mile options through Butler County and portions of Crenshaw and Lowndes Counties. All routes include rest stops and well-marked course. On route sag support will be available.

Inclement Weather: For rider safety, the ride may be delayed, shortened, or canceled due to inclement weather. Because of the charitable nature of this event, no refunds will be given.

For more info, contact Debra Waller, Ride Co-Chair at [debrawaller@att.net](mailto:debrawaller@att.net) or call 334.612.8161

To download brochure - [http://relay.acsevents.org/site/DocServer/Registration\\_Brochure.pdf?docID=119691](http://relay.acsevents.org/site/DocServer/Registration_Brochure.pdf?docID=119691)

## Ironworks Century

Date: 5/8/2010 Time: all day

Location: Tannehill Ironworks State Historical Park

Description: New event! 100 & 60 mile routes link historic ironworks parks at Tannehill and Brierfield, plus 30 mile option. Bring the family - Tannehill has trails, crafts & historic exhibits, miniature RR, etc. to entertain bike widows & orphans. Supported ride w/ meal after. Proceeds benefit trail construction at Tannehill. Full details & registration info TBD; check <http://www.bump.org>.

Sponsor: BUMP



## **Tour de Iron Butt Challenge 2010**

### ***History***

This year marks the inaugural Tour de Iron Butt Challenge for the Birmingham Bicycle Club.

### ***The Challenge***

The tradition of the Iron Butt Centuries begins. The rider with the lowest overall adjusted "time" at the end of the TIB will be declared the TOUR de IRON BUTT CHAMPION.

While very few people can know what it is like to ride a long stage race, it is very possible for serious cyclists to complete challenging stages over an extended time period. The TIB Challenge shall consist of 21 stages, with 2 Time Trials and 19 century rides (90 to 120 miles each) spread out over a year beginning in November, through October, of the following year. The TIB Challenge will begin with a time-trial style Prologue scheduled at a suitable location in Birmingham, AL.

Best of all, your actual ride time will not even matter! In order to win stages, the only requirement is to show up and complete the course within the allotted time limit. To win the TIB Challenge, a rider must complete many stages, stay in groups, and perhaps be a little lucky.

Of course, it is unrealistic to expect riders to participate in every stage, or even the Prologue. A simple but fair statistical method will allow riders to receive estimated stage times while not suffering time penalties that are crippling in terms of the overall TIB Challenge.

### ***The Ethic***

In order for the Tour de Iron Butt Challenge to succeed, participants must agree to an ethic that promotes a very high standard of sportsmanship. Any information requested by the Tour Director or his/her staff must be accurate and true. Any unsportsmanlike behavior (cutting the route, making false claims, falsifying information, etc.) will not be tolerated and will be met with warnings, time penalties, and perhaps even disqualification from the event.

### ***The Birmingham Bicycle Club***

Since the TIB Challenge will be organized by members of the Birmingham Bicycle Club, the individual stages will be posted on the official BBC web page for statistical purposes. All TIB Challenge participants must be BBC members, and must have signed the standard ride sheet waiver as required by club rules. All stages will be posted on the interactive ride calendar as a "TIB Event".

This is a Challenge, not a race. Your actual time on the courses will not even matter! Each stage will take place on public roads where all of the rules of the road apply to automobiles, to trucks, to motorcycles and to bicycles alike. Riders must agree to abide by all traffic laws at all times. All riders should be healthy and should be adequately trained to complete each challenging stage. Also, cyclists who undertake such a challenge should be self-reliant in case something goes wrong on the course. Although the Ride Captain on a given stage may agree to sweep the course or to ride with a certain rider, this cannot be assumed by the participants.

### ***The Rules***

#### **I. Tour Director**

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- A. The TIB Challenge shall be organized and managed by the Tour Director. His/her duties shall consist of (but are not limited to) scheduling the events, registering riders, maintaining accurate event statistics, organizing staff, managing funds, acquiring trophies/prizes, and enforcing the rules in a fair manner.
- B. The Tour Director may be a participant in the TIB Challenge.

## II. Participants

- A. The TIB Challenge is open to any cyclist who rides on a 2 or 3 wheeled human powered vehicle, single or tandem.
- B. There will be a male division and a female division. These rules apply equally to both.
- C. Participants MUST be members of the Birmingham Bicycle Club for their results to count in the General Classification, however, TIB rides are open to members of the general public.
- D. All participants must register with the Tour Director before the start of the fifth stage. Riders need NOT ride either the Prologue, Stage 1, Stage 2, Stage 3, or Stage 4 to be in the TIB Challenge.
- E. A minimum of five (5) riders must complete the Prologue or the entire TIB will be scratched for that year, unless the Prologue is canceled by the TIB director.
- F. Riders need not participate in the Prologue to take part in the remaining stages. A penalty time will be assigned to them before they attempt their first stage.
- G. Any cyclist may take part in any of these stages, but they must be BBC members to be a Stage Winner or to be considered a part of any finishing group in the competition.
- H. All stages will be publicized on the official BBC ride schedule with a special (TIB) classification.

## III. The Prologue

- A. The Tour Director shall schedule the Prologue at a suitable location in the Birmingham area. The course should be between 5 and 15 miles in length.
- B. The Prologue Course will not necessarily be flat.
- C. The rider with the lowest recorded time in the Prologue will be declared the Yellow Jersey Leader and shall earn the right to wear yellow at the first stage.
- D. All riders who complete the Prologue will begin Stage 1 with their recorded time.
  - 1. Exception: For women, a minimum average of 16 mph will be considered a recordable time. For men, 18 mph will be the minimum average.
- E. Riders who are not able to participate in the Prologue shall be issued a time based on the slowest recorded time, plus a one minute penalty. Note: this applies to the maximum recordable time as referred to in Rule III, D (1).
- F. No time bonus will be awarded in the Prologue.
- G. Drafting is expressly forbidden and will be severely punished with a time penalty.

## IV. Century Stages

- A. The century stages shall be scheduled well ahead of time by the Tour Director and should take place after the Prologue and before the end of the BBC touring season.
- B. All stages will take place on Saturdays, Sundays, and legal Holidays.
- C. All cue sheets will be scrutinized by the Tour Director who will check for completeness.
- D. Riders must complete the Stage within a reasonable time frame that will be announced before

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each ride (usually 10 hours, but longer times may be allowed for longer and more difficult courses). Failure to complete the course within the time limit and will result in a DNF.

E. All riders must complete the route as presented on the cue sheet except for road emergencies as addressed in these rules. Cutting the course will result in an appropriate penalty, perhaps even a DNF.

#### **V. Time Trial Stages**

A. Up to two TIB stages may be individual time trials. Creativity is encouraged, while long distances shall be discouraged. An uphill TT shall be no more than 5 miles and a flat to rolling TT no more than 25 miles.

B. All of the rules that apply to the Prologue apply to the Time Trial Stage. Exception: if the Tour Director schedules an uphill TT, the Maximum Recordable time as outlined in Rule III, D shall be waived.

C. If the Maximum Recordable time is waived, then the penalty for missing the TT stage is the time of the slowest GC competitor +1 minute.

D. Drafting is expressly forbidden and will be severely punished the same as for the Prologue.

#### **VI. Time Bonus**

A. Raw times will be adjusted by a time bonus given to all who complete a stage. Stages will be given a difficulty grade by the TIB director and assigned a time bonus based on the following scale: "Easy" = 30 seconds, "Moderate" = 1 minute, "Difficult" = 90 seconds, "Challenge" = 2 minutes. No time bonuses will be given on Time Trial stages.

B. To increase the fun and to help stagger times, additional time bonuses will be allotted on each stage. These time bonuses will be determined by a random drawing before or after the stage. Once a bonus is drawn and used, it may not be repeated during the current tour season. See the Appendix for approved time bonuses and their values.

C. Time bonuses will in no way affect the declaration of the Stage Winner.

#### **VII. Result Sheets**

A. Result Sheets will be available at the beginning of each stage start and each rider is responsible for filling it out at the end of the ride.

B. Each rider will submit the names of the other riders with whom he/she finished in their group, their finish time, and any relevant bike/rider info for time bonus purposes.

#### **VIII. Determination of Ride Times and Group Riding**

A. The intent and spirit of the TIB Challenge is to foster group riding and Iron Butt camaraderie. Fictitious ride times will be awarded to riders based largely on the size of the group with which they finish. In most cases, the larger the group you finish with, the better your time will be.

B. Before or immediately after each stage, there will be a blind draw to determine the stage winner. The winning name will be sealed in an envelope that will not be opened until after all riders have completed the stage. It is absolutely vital that no one know the contents of the envelope!

C. The rider whose name is drawn will be declared Stage Winner and he/she will be given a ride time based on the average of 20 mph. All other riders' times will be based on this winning time. Example: On a 99.2 mile stage, The winning ride time will be 4:57:36.

D. Actual ride times are insignificant and carry no weight whatsoever in determining the winner, provided the rider completes the course within the announced time limit. Even the last finisher can be declared the Stage Winner.

E. The Stage Winner shall be awarded the best time for the stage, one full minute ahead of the

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other members of the group.

F. When a group arrives at the finish with the Stage Winner, all of those riders will be awarded a time one full minute behind the computed Stage Winner time.

G. The remaining times shall be allotted as follows:

- i. Solo finisher: Stage Winner plus 10 minutes;
- ii. Group of two: Stage Winner plus 7 minutes;
- iii. Group of three: Stage Winner plus 5 minutes;
- iv. Group of four: Stage Winner plus 4 minutes;
- v. Group of five: Stage Winner plus 3 minutes;

vi. Group of six or more: Stage Winner plus 2 minutes.

H. Any BBC member, competing in the TIB Challenge or not, will be counted as a group finisher for competition purposes. Also, any BBC member who participates may be in the drawing for Stage Winner. Of course, one must complete the stage in order to be declared Stage Winner. If the rider whose name is drawn fails to finish the course as directed by these Rules, the Stage Winner shall be declared by a blind drawing of all cyclists who successfully finished the course.

I. When a Tour de Iron Butt stage is scheduled as a joint ride with another area bicycle club, those members (provided they are in good standing) may be counted among participants for group riding credit. However, only BBC members may be eligible for Stage Winner.

J. All serious cyclists know what group riding is about. The TIB Challenge is designed to encourage groups of all abilities to work together to attain a common goal: finishing the stage! With that in mind, all riders should work together with his/her group to gain maximum advantage and maximum reward.

K. Riders shall be considered in a group when they FINISH connected to other riders by a gap of no greater than 10 yards. Any gap greater than 10 yards indicates that these riders are in separate and distinct groups.

L. Manipulation of the group riding system will be considered bad sportsmanship and is subject to sanction -even disqualification from the TIB Challenge. The Tour Director will implement methodologies as necessary to prevent unsportsmanlike behavior. Actions like attacking at the end with the intent of dropping one or more group members will not be acceptable. Similarly, riding solo off the front and waiting at the end to finish with a group will be considered manipulation of the system and may be subject to sanction.

M. Riders may wait (or even backtrack) at strategic points along the course for a slower group to arrive. This is especially encouraged in the case of being dropped by a faster moving group.

N. A tandem will be counted as a group of 2 (two).

O. A captain is expected to sweep their course for slower riders. Any rider(s) who is "dropped" by the captain and consequently finish in a group size smaller than six, will be allowed to "add one" to their finishing group size for the purpose of computing finish times. Riders who "ride off the front" and get lost are on their own.

## **IX. Missing Stages**

A. Riders need not ride all stages in order to participate.

B. Riders who miss a stage will get a time based upon the fictitious Stage Winner time.

C. Missing a century stage will be punished by the following equation: Stage Winner Time (before time bonuses) + 26 minutes.

## **X. Winning the Tour de Iron Butt Challenge**

A. The Yellow Jersey Winner will be the rider with the lowest adjusted time, provided he/she has

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completed at least 12 stages. If only one rider completes 12 stages, then he/she is the TOUR de IRON BUTT CHAMPION.

B. For the participants who complete 12 or more stages, the lowest adjusted ride time will determine the TIB Champion. Important: Riders who surpass the 12 stage threshold will be considered in a class higher than those who only complete 11 stages or less, regardless of adjusted time total. Likewise, riders who complete 7 to 10 stages will always be deemed a higher status than those who complete less than 7 stages.

C. When it becomes evident that no rider can complete at least 12 stages, the rider who completes the most stages is the TOUR de IRON BUTT CHAMPION. If riders are tied with the same number of complete stages, then lowest adjusted time breaks the tie. If adjusted time is identical, refer to tiebreaks listed in Rule XI, E.

D. In order to claim victory, a rider must complete at least 7 stages. When it becomes evident that no rider will complete at least 7 stages, then all riders are declared Abandoned and the TIB Challenge is canceled with no declared winner.

E. Any rider will have successfully completed the Tour de Iron Butt Challenge by completing 9 Stages while never missing more than 4 stages in a row.

F. Ties shall be broken in the following order:

- i. Best time in the Prologue;
- ii. Best combined time of the Prologue and Time Trial Stages;
- iii. participation in the Prologue;
- iii. most completed stages;
- iv. Eldest.

## **XI. Jersey Importance**

A. The Yellow Jersey Leaders (Men and Women) will have earned the highest status among the Iron Butts. In accordance with that status, only the Yellow Jersey Leader shall be allowed to wear the colors that he/she earned for the next stage.

B. If the Yellow Jersey Leader does not have a yellow colored jersey, the Tour Director shall provide a suitable jersey for him/her to wear. (This may not hold if riders are exceptionally large or small.)

C. Other riders who arrive at a stage start not having earned the Yellow Jersey will not be forced to adhere to this rule, but out of respect for the status of the leaders they should be strongly urged to wear other colors when they haven't earned Yellow.

D. BBC jerseys while having a yellow theme, will be exceptions to this rule.

E. Due to weather conditions, jackets may be a necessity. This rule does not apply to jacket color.

F. White Jersey Leaders for both men and women will be the status awarded to the General Classification riders in the current TIB who have not reached their 25<sup>th</sup> birthday by the tour's end OR who have not qualified as a previous TIB tour finisher regardless of their age.

## **XII. DNF and Abandons**

A. All Participants must complete one of the first five (5) stages. Any rider who misses five (5) stages in a row will be considered as having abandoned the Challenge.

B. When it becomes apparent that a rider cannot complete 9 of the 21 stages, that rider is declared "Abandoned".

C. Failure to finish the course, or to complete the course within the announced time limit, will be deemed a DNF.

D. Failure to complete a rider sheet at the end of the stage could also be ruled a DNF. This will

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be left to the discretion of the Tour Director.

E. A DNF will be penalized in the same manner as a Missed Stage.

F. Failing to complete any one hundred mile stage in less than ten (10) hours will be considered a DNF. The time limit will be adjusted as necessary for longer rides.

G. If a rider DNF's in two consecutive stage attempts, he will be considered Abandoned.

H. Riders who are declared abandoned are still encouraged to participate in the remaining TIB stages. They are still eligible to be declared Stage Winner and can be counted as group members.

### **XIII. Road Emergencies**

A. Serious emergencies will be dealt with on a case by case basis. If someone becomes injured, sick, or hurt, riders are expected to stop and to render appropriate aid. No one will be penalized for helping others in need of aid. Time limits will be adjusted as circumstances require.

B. Helping other riders with mechanical problems is allowed and encouraged. Remember, riders are rewarded for finishing in groups.

C. No exchange of any food, drink, tools, tubes, etc. shall take place between a rider and a *moving* vehicle. SAG vehicles or "broomwagons" may be allowed on a course at the TIB director's discretion to render aid to riders. Riders who leave the course in a vehicle will be DNFed. This is to allow a "safety net" for riders who may be challenging their previous limits and provide support for the ride captain or sweeper.

D. In the case of a course being severely disrupted due to extreme weather (flooding, downed trees, power lines, etc.), the Tour Director may declare the stage complete and assign all participants times. The best solution is to have the Stage Winner declared as usual with the remaining field all getting the same time, one minute back. Time bonuses are not to be factored in.

E. Sweeper Rule: Any Ride Captain or designated sweepers (approved by the Tour Director before the stage) will be assigned a time that is the equivalent of a generic Group of Six (2 minutes slower than the Stage Winner), provided he/she actually sweeps the route. Riders who finish with the sweeper will still be assigned a time that relates to the size of their group(s). The time limit will be waived on the Sweeper, but he/she must still complete the course as presented on the cuesheet in a reasonable amount of time.

### **XIV. Funding**

A. The Tour de Iron Butt Challenge will be funded by the Birmingham Bicycle Club. Participation is free to all members in good standing!

B. Prizes for the Yellow and White Jersey winners in both men and women's divisions, individual stage winners, other podium finishers, and any official TIB finishers -will be left to the discretion of the Tour Director and BBC TIB bike committee.

C. Tour de Iron Butt Challenge finishers may be asked to contribute a nominal amount to their award. Failure to contribute may result in the individual receiving an award of lesser value than other Tour de Iron Butt Challenge finishers.

### **XV. Weather**

A. Stages may be canceled by the Tour Director or the BBC Ride Captain in case of bad weather. Multiple make-up stage dates and opportunities will be scattered in the TIB schedule.

B. The Tour Director reserves the right to cancel or substitute any stage route or captain if circumstances warrant.

C. BBC Ride Guidelines apply to all stages. The Ride Captain for any given stage has the power

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to cancel a ride for appropriate reasons as outlined in the Guidelines. That call will not be questioned.

D. The Prologue, too, may be rescheduled at the discretion of the Tour Director.

### **Appendix:**

#### **Time Bonuses**

The following list of time bonuses will be approved for the TIB. Before or after each stage, a random blind draw will be held and ONE of the following time bonuses will be applied to all riders who qualify. The draw will be handled exactly as the Stage Winner draw: no one will know until after the ride is complete.

1. Placement Bonus: Stage Winner gets 18 seconds; SWG gets 10 seconds.
2. Placement Bonus: Stage Winner gets 16 seconds; SWG gets 8 seconds.
3. Placement Bonus: Stage Winner gets 12 seconds; SWG gets 6 seconds.
4. Placement Bonus: Stage Winner gets 10 seconds; SWG gets 5 seconds.
5. Placement Bonus: Stage Winner gets 8 seconds; SWG gets 4 seconds.
6. Placement Bonus: Stage Winner gets 6 seconds; SWG gets 3 seconds.

#### 7. Age Bonus:

- 25 - 29: 44 seconds
- 30 - 39: 59 seconds
- 40 - 44: 1:19
- 45 - 49: 1:29
- 50 - 54: 1:39
- 55 - 59: 1:49
- 60- 64: 1:59
- 65 and up 2:29

#### 8. Age Bonus:

- 25-29: 19 seconds
- 30-39: 24 seconds
- 40-44: 29 seconds
- 45-49: 34 seconds
- 50-54: 39 seconds
- 55-59: 49 seconds
- 60-64: 59 seconds
- 65 and up: 1:29

#### 9. Age Bonus:

- 25-29: 14 seconds
- 30-39: 19 seconds
- 40-44: 24 seconds
- 45-49: 29 seconds
- 50-54: 34 seconds
- 55-60: 44 seconds
- 60-65: 54 seconds
- 65 and up: 1:14

#### 10. Age Bonus:

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25-29: 6 seconds  
30-39: 10 seconds  
40-44: 14 seconds  
45-49: 18 seconds  
50-54: 22 seconds  
55-59: 30 seconds  
60-64: 45 seconds  
65 and up: 1 minute

12. Super Clydesdale: each male finisher who weighs 220 lbs or more gets 2 minutes.  
each female finisher who weighs 180 lbs or more gets 2 minutes.
13. Clydesdale: each male finisher who weighs 200lbs or more gets 1 minute  
each female finisher who weighs 160 lbs. or more gets 1 minute.
14. Yellow Jersey: the riders who start the stage as the Yellow Jersey leader gets 1 minute
15. Steel bike: each finisher who completes the ride on a steel bike frame gets 2 minutes.
16. Aluminum bike: each finisher who completes the ride on an aluminum frame gets 1 minute.
17. Carbon bike: each finisher who completes the ride on a carbon frame gets 1 minute.
18. Titanium Bike: each finisher who completes the ride on a titanium frame gets 1 minute.
19. Fixie: each finisher who completes the ride on any bicycle that has one gear with no freewheel gets 2 minutes.
20. Double crank: each finisher who completes the ride on a bike equipped with a traditional double crank (53-39, 52-39, 53-42, 52-42), gets 1 minute.
21. Singlespeed gearing with a freewheel, gets 1 minute
22. Tandem bonus: both finishers on a tandem rig get 1 minute each.
23. White Jersey: the riders who start the stage as the White Jersey leader gets 1 minute



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